



LINSKILL NURSERY

Example Menu (changes weekly)

Monday	Lunch	Tea
	Vegetable curry and rice	Sandwich selection
	Yoghurt with ginger biscuit	
Tuesday	Lasagne with garlic bread	Beans on toast
	Fruit salad	
Wednesday	Gammon and pineapple with new potatoes & vegetables	Fish finger sandwiches
	Angel delight	
Thursday	Ham and cheese quiche with wedges and beans	Sausages and tomatoes
	Cake and custard	
Friday	Fish in parsley sauce with mash and vegetables	Savoury rice
	Jelly and fruit	